

## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_

Daytime phone (     ) \_\_\_\_\_

Birth Date \_\_\_\_\_

Age on June 20, 2011 \_\_\_\_\_

E-mail address \_\_\_\_\_

Male/female (circle one)

Age division (circle one):

13-19, 20-24, 25-29, 30-34, 35-39, 40-44,  
45-49, 50-54, 55-59, 60-64, 65-69, and 70+

Estimated 800 meter swim time:

\_\_\_\_\_

T-shirt size: SM MED LG XL XXL

Team Registration (circle one)

Men's Women's Coed Family

Team Name: \_\_\_\_\_

Other Members:

Name \_\_\_\_\_ T-shirt size \_\_\_\_\_

Name \_\_\_\_\_ T-shirt size \_\_\_\_\_

Name \_\_\_\_\_ T-shirt size \_\_\_\_\_

Extra T-Shirts ( \$ 18.00)

Number: \_\_\_\_\_ Sizes: \_\_\_\_\_

Rapid City Triathlon  
Produced by BH Multi-Sports, Inc.  
4020 Canyon Dr.  
Rapid City, SD 57702  
605-484-3264  
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# Rapid City Triathlon



**Sunday, June 19th, 2011**

**Swim 800 meters**

**Bike 18 K**

**Run 5K**

**Horace Mann Pool,**

**Rapid City, SD**

## Sunday, June 19, 2011

**Start** 7:00 am

Start, exchange and finish at Horace Mann Pool. Horace Mann Pool is located at 818 Anamosa Street.

**Swim Leg:** 800 Meters. 16 lengths in the Horace Mann Pool. Swimmers will start based on estimated times (fastest to slowest). No fins, snorkels, or propulsion devices allowed.

**Bike Leg:** 20K on a city street (Haines Avenue). The ride is an out and back with rolling hills.

**Run Leg:** 5K run from Horace Mann Pool down to the Executive Golf Course and back to the finish at Horace Mann Pool.

### Order of Events

#### Saturday, June 18th:

6-8 PM Race packet and Prerace Meeting

#### Sunday, June 19th:

6:00-6:30 am Check-in chip pickup and Swim Warm-up

6:30 am Final race instructions

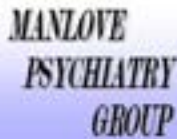
7:00 am Race begins

At the conclusion of the race there will be a picnic and the Awards Ceremony will occur no earlier than 10:30 am

### Questions?

**Contact: Duncan Olney 605-484-3264**

The Genuine. The Original.



## Race Packet Pick Up

Pick up your race packet on Saturday, June 19th at the Rapid City Swim Center, 125 Waterloo St. between 6 and 8 PM. Secondary Pick up is at Horace Mann Pool, Sunday, June 20th between 6:00 and 6:30 AM.

### Lodging

The newly renovated Hotel Alex Johnson is hosting the 2010 Triathlon with a special discounted rate of \$99. The hotel is located in the heart of downtown and features a pub, Seattle's Best, and salon and spa all on-site and has just completed a multi-million dollar top to bottom renovation. Please call 1-605-342-1210 to make reservations. Be sure to mention the Rapid City Triathlon for your special pricing.

### Individual Competition

First place overall for men and women will be awarded. Racers will be scored in the following men's and women's categories: 13-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70+

### Team Competition

Team competition will consist of two or three person teams of all males, females, mixed coed, and family teams. Participants must be 13 or older.

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## ENTRY FEES

All participants will receive a t-shirt, medal, and a race packet. Entry fees are non-refundable. Registrations open March 1 at [imATHLETE.com](http://imATHLETE.com)

### Register now!

you can register now at



Individual Fees and dates:

3/1 to 5/31	\$55.00
6/1 to 6/12	\$65.00
6/13 to 6/17	\$75.00

Team competition fees and dates:

3/1 to 5/31	\$75.00
6/1 to 6/12	\$85.00
6/13 to 6/17	\$95.00

### Waiver:

Triathlon Directors reserve the right to reclassify any entrant in the interest of fair play. I hereby acknowledge that I have read the race rules and agree to the limitations and conditions of the race rules. I also hereby for myself, my heirs, executors, and administrators waive and release any and all rights or claims I may have against the Rapid City Triathlon or their respective agents, representatives, successors, and assigns, for any and all injuries suffered by me in connection with my competition or presence in said triathlon. I attest and verify that I am physically fit to compete in and complete this event. (Parent/Guardian must sign for minors under age 18).

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_